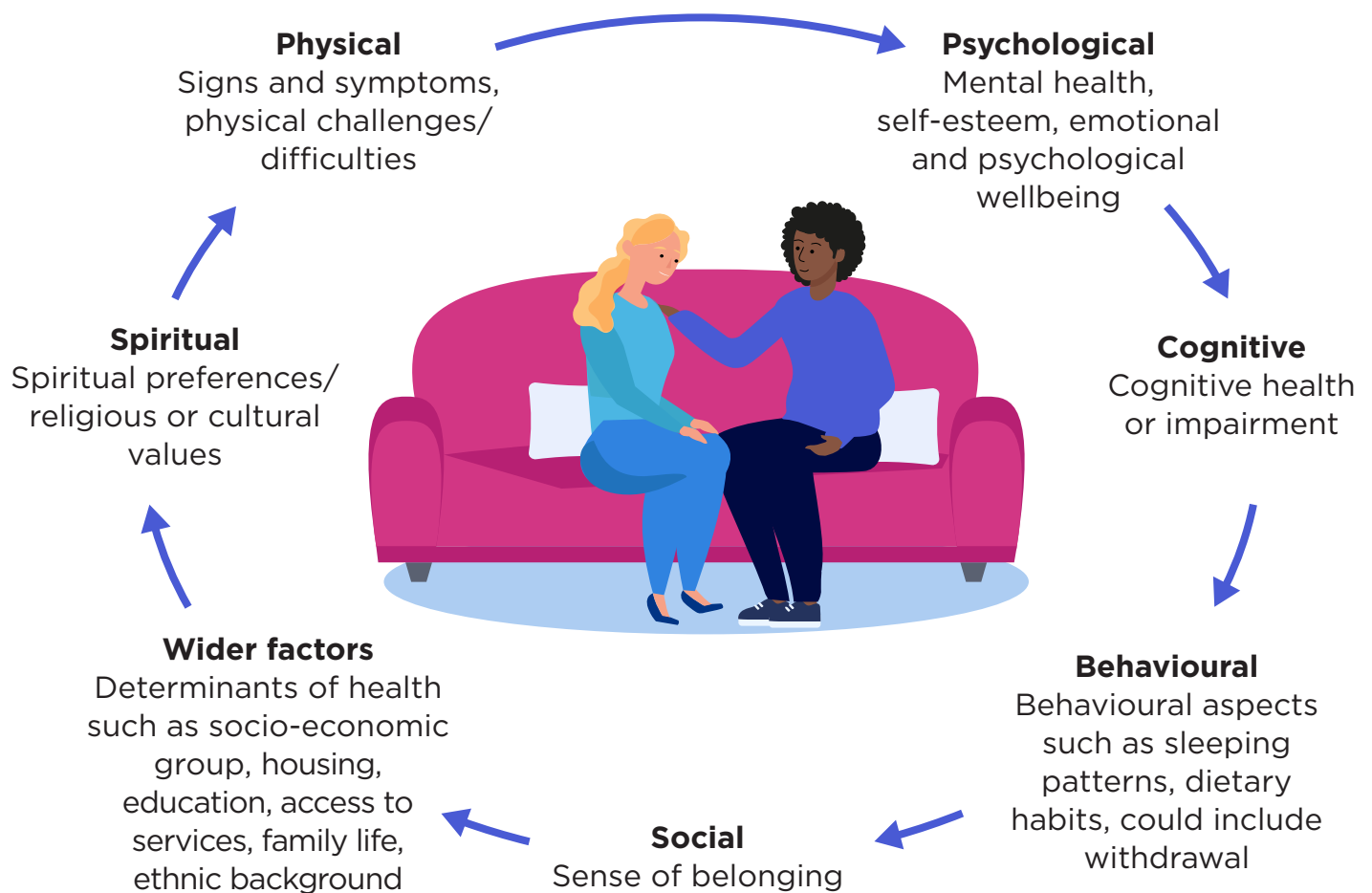


# Seeing the whole person supports better care.

Holistic care is seeing the whole person, and applying professional judgment and knowledge to meet the person's needs, drawing on appropriate expertise to enable continuity of safe, kind, effective care.



**You can use these questions to reflect on your practice individually or with your team:**

1. How did you consider and try to meet all the needs of the person you were caring for, taking all of the above factors into account?
2. What was the positive impact of your care? What did you learn and would you do anything differently next time?